

JANUARY 5, 2024

# THE FRIDAY FLYER

Weekly Newsletter of Freeman High School

509-291-3721

January is...  
**SCHOOL BOARD APPRECIATION MONTH**

**THANK YOU**

*We want to say “thank you” to our amazing school board members for their dedication and the countless hours they give sacrificially to serve the students and community of the Freeman School District.*

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.

## In This Issue

- School Board Appreciation  
PAGE 01
- Upcoming Events  
PAGE 02
- Used Book Drive  
PAGE 02
- Levy Information Meeting  
PAGE 02
- College/Career Readiness  
PAGE 03
- Athletic News & Events  
PAGE 04
- Daily Happenings at FHS  
PAGE 05
- Auction Item Wishlist  
PAGE 06
- Student Highlights  
PAGE 07



FSD Replacement Levy  
**COMMUNITY  
INFORMATION  
MEETINGS**

**THURSDAY,  
JANUARY 11TH**

**12:00PM OR 6:00PM**

at the Fire District 8 Station  
12100 E. Palouse Hwy



The replacement levies are more than a line on a ballot; they are an investment in the future of our community. By understanding their implications, financial aspects, and the services they support, voters can make informed decisions that align with their values and contribute to the overall well-being of neighborhoods. Please join us for one of the 2 community meetings to learn the facts about the replacement levies on the ballot for February 13th. It will be an opportunity to engage in discussions to ensure your vote reflects the best interests of your community.



**BOOK  
DRIVE**

*January 8th-19th*

Bring your gently used books  
from home. All donations will  
benefit the FSD libraries!

**Donate your gently used  
books. Look for boxes with  
this flyer in the foyer of your  
school!**

**JANUARY 11TH**

FSD Levy Information Mtg. -  
12pm OR 6pm at Fire District  
8

**JANUARY 12TH**

NO SCHOOL - Teacher P.D.

**JANUARY 13TH**

Winter Formal - 8:30pm

**JANUARY 15TH**

NO SCHOOL - MLK Jr. Day

**JANUARY 16TH**

Financial Aid Night - 6pm MPR

**JANUARY 26TH**

End of 1st Semester

**FEBRUARY 6TH**

Running Start Info Night 6pm

**FEBRUARY 7TH**

LATE START FOR STUDENTS  
10:15am

A listing of High School events can be  
found under the High School website  
at the "Calendar" tab.





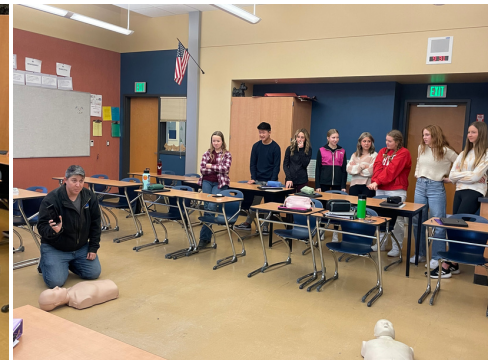
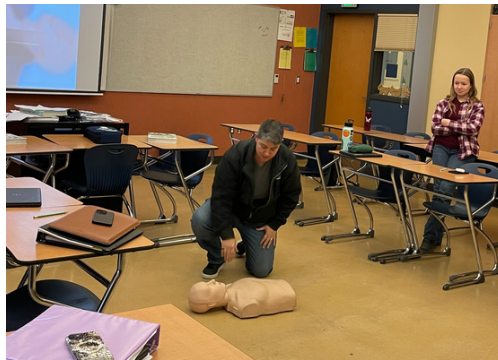
CTE

9th graders in Mr. Carolan's Health Classes received their CPR/First Aid card.

Heidi Gerke from Associated Builders and Contractors (ABC) provided the training.

Thank you Heidi for your expertise and excellent training.

For more CTE class news, please visit our CTE page on the District website [here](#).



## FINANCIAL AID INFORMATION SESSION:

On January 16th, Freeman High School will host a Financial Aid Information Session from 6-7:15pm in the MPR. This is specifically designed for seniors and their parents/guardians. This session will cover FAFSA information, scholarship details, and answer additional questions you may have about the financial aid process.

## IMPORTANT COLLEGE & CAREER READINESS DATES:

- January 9: EWU Instant Decision Day during Scottie Time in the Library
- January 10: Washington State Opportunity Scholarship opens
- January 16: SCC during Scottie Time
- January 16: Financial Aid Night - Seniors 6pm - 7pm in the MPR
- January 24: Health Sciences Career Fair @ The HUB 12:00 - 1:30pm (sign up in advisory)

COLLEGE CAREER  
readiness



## Upcoming Sports



**1/6** - vs. Newport BJV-  
2:30pm, GJV-4:00pm, BV-  
4:15pm, GV-5:15pm, BC-  
5:30pm

**1/9** - vs. Riverside BJV-4pm,  
GJV-5:30pm, BV-5:45pm, BC-  
7pm, GV-7:15pm

**1/12** - @ Medical Lake BJV-  
4pm, GJV-5:30pm, BV-  
5:45pm, BC-7pm, GV-  
7:15pm



**1/5&6** - @ University High  
School

**1/10** - vs. Liberty 6pm

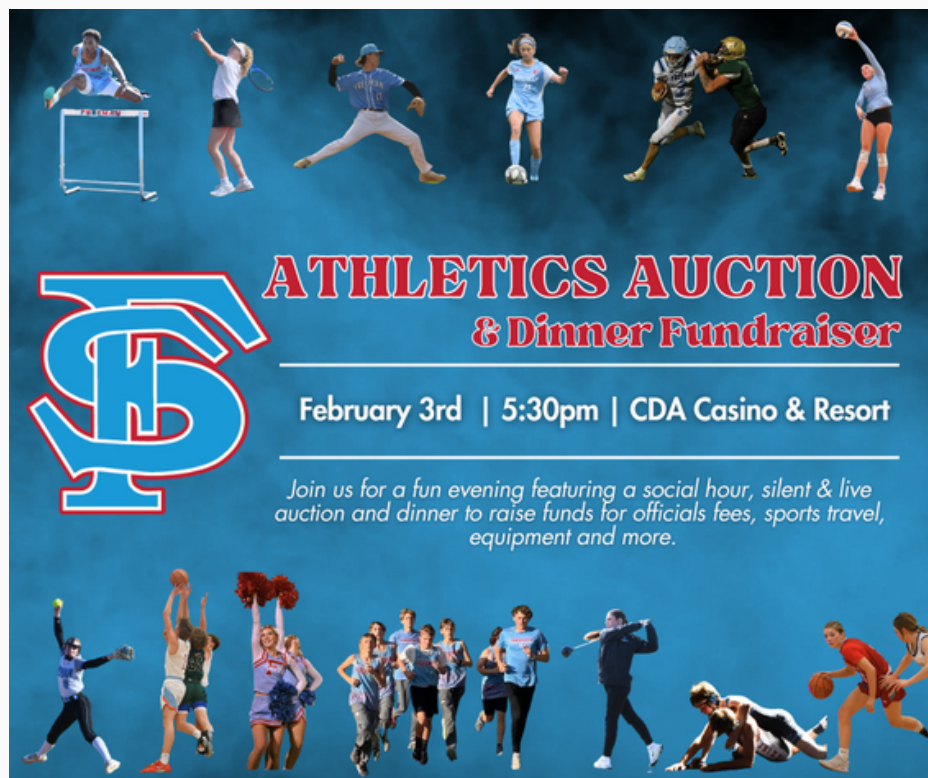
**1/11** - @ Lakeside 6pm

**1/12&13** - River City Duals  
in Post Falls

## Important Sports Links:



**Pay Fines/Fees** 



In just one month we will be hosting the 2nd Annual Freeman Athletics Dinner & Auction Fundraiser! Saturday, February 3rd - 5:30pm at the CDA Casino & Resort. Last year's event was a huge success, and a fun community evening and we invite you to be involved. Because of your support we were able to raise \$65,000 and we have our goal set at \$75,000 this year.

All athletic costs, apart from coaches' salaries and transportation costs to games (which are funded through our EP&O Levy), are solely funded through Associated Student Body (ASB) funds. These funds are managed by the elected ASB officers, A.D., and Principal under strict ASB laws. For the 22-23 school year, we spent nearly \$50,000 on post season lodging and per diems for our student athletes and \$52,000 in contest entry fees, equipment and officials' wages. We strive to do all we can to keep the costs for our students to participate in all sports as minimal as possible.

Here is how you can help us make this year's event a success:

- Purchase tickets to attend [here](#) **by January 22nd**. \$50/person or a table of 8 for \$375. Please note that the only reserved seating option is to purchase an entire table. All other tickets will be open seating.
- Donate or collect auction items. On page 6 is a listing of donation ideas and who to contact.





## Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

### BELL SCHEDULES

Regular Schedule		
0	7:00 - 7:50	50 min
1	8:15 - 9:05	50 min
2	9:10 - 10:00	50 min
SCOTTIE BREAK	10:00 - 10:10	10 min
ADVISORY	10:13 - 10:35	22 min
3	10:40 - 11:30	50 min
4	11:35 - 12:25	50 min
LUNCH	12:25 - 12:55	30 min
5	1:00 - 1:50	50 min
6	1:55 - 2:45	50 min

2 Hour Late Start		
1	10:15 - 10:51	36 min
2	10:56 - 11:32	36 min
3	11:37 - 12:13	36 min
LUNCH	12:13 - 12:43	30 min
4	12:47 - 1:23	36 min
5	1:28 - 2:04	36 min
6	2:09 - 2:45	36 min



### ATTENDANCE LINE

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day.

### BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

**SCOTTIE BREAK** We have brought back Scottie Break at the High School this year. A light snack will be available for students to purchase from 10:00am - 10:10am. Cost: \$2.20

**LUNCH** - served at the High School in the MPR. Cost: \$3.50



### ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.

# AUCTION

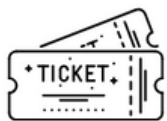
# WISH

# LIST



***benefitting Freeman High School Athletics***

Our 2nd Annual Freeman Athletics Auction & Dinner is February 3, 2024. We are currently looking for donation items. Below are some ideas. If you can help with any of these items, please email one of the committee members listed at the bottom of this page.



## **TICKETS & PASSES**

Sports & Concert Tickets, Box Seats, VIP Treatments, Theater Tickets



## **CRAFTED ITEMS**

Handmade items, woodworking, metal works, custom gifts



## **VACATIONS & EXCURSIONS**

Condos, Timeshare, VRBO, Golf weekends, wine tastings, active adventures, airline tickets, etc.



## **GIFT CARDS**

Gift cards to just about anywhere - restaurants, stores, salons, spas, movie theaters, etc.



## **HOSTED PARTIES**

Theme parties thrown by one or more families such as progressive dinners, holiday parties, children's parties, etc.



## **UNIQUE & RARE ITEMS**

Collectibles, sports memorabilia, sports equipment, collectibles

PAGE 06

***If you would like to donate, please complete the donation form and return to one of us by Jan. 12th:***

**CINDY SCHNEIDER**  
schneidervandals@aol.com

**JILL MORPHY**  
jill.morphy@hotmail.com

**LESLEY LOCHMILLER**  
lesleylochmiller11@gmail.com

**KRISTAL HAYEK**  
khayek@freemansd.org



# Student HIGHLIGHTS

